

### Songs from the Screen and More - Solo

Songs that were written for, or first appeared in,

- a movie or film
- songs from animated films
- anime
- television shows or series (please look at the chart below to confirm which shows are allowable)
- songs from film musicals
- songs from musicals that have only been workshopped
- songs from musicals that have only been staged in Disney Parks
- stand-alone songs in music theatre style.

#### General Rules

- a) The maximum age is 28 years old as of December 31, 2024 for all levels except Adult.
- b) One original music for each selection must be presented to the Registration desk for the Adjudicator's use on the day of competition.
- c) Memorization is required.
- d) Two (2) simple handheld props (e.g. comb, basket or book); one (1) standard rehearsal theatre box, one table and one chair are allowed. No other props will be permitted.
- d) Costumes are allowed, but will not be judged.
- e) Stage movement is allowed.
- f) Dance breaks are not allowed and cannot be added to the selection.
- g) All competitors must be an amateur which shall be defined as any person whose principle means of livelihood is not obtained from the performance or teaching of music in the particular category in which they are competing, even though, from time to time, they may receive remuneration on an occasional basis (not full-time). Please click here for the full definition of Amateur vs Professional: [omfa.ca/glossary](https://omfa.ca/glossary)
- h) No announcement of name or selection is allowed prior to your performance
- i) All criteria listed in the OMFA General Rules (<https://omfa.ca/live-festival/rules-and-regulations>) must be strictly adhered to.

#### Song Selections

- a) One of the selections must have been performed at the Local Festival, received a minimum mark of 85 and the recommendation of the local Adjudicator. The second selection (Elementary - Senior levels) is the competitor's choice but must follow the rules of this category. Advanced Level performs three (3) selections.
- b) Songs that do not appear on the SSAM Suggested Song List must be submitted to the OMFA for approval prior to registering.
- c) Selections must be musically contrasting. The Adjudicator will take song choice into consideration.

- d) Spoken passages are only allowed if published in the score being used and cannot represent more than 10% of the selection.
- e) Competitors are allowed to transpose music higher or lower, but the integrity of the composer's intention with respect to the character must be observed.
- f) Selections should be age appropriate and suitable for audiences of all ages. Offensive language (profanity) found in song selections must be replaced with alternate word(s) to ensure a 'clean' version. OMFA reserves the right to reject any selections that have an inappropriate tone, either in style or content. Please contact OMFA if you have any questions.
- g) Lengthy instrumental sections can be cut for performance.

### Accompaniment

- a) Accompaniment must be by live acoustic piano only.
- b) If you do not have a collaborative pianist (accompanist), the people on this list (click here: <https://omfa.ca/collaborative-pianists-accompanists>) have indicated that they are willing to play for the live festival. It is the competitor's responsibility to contact the collaborative pianist directly and negotiate a fee for their service.

### Selections Permitted - please refer to the SSAM Song List (<https://omfa.ca/ssam-chart>) for suggested repertoire.

- a) Songs that were written for, or **first** appeared in, a movie or film (for exceptions see the SSAM Song List).
- b) Songs from animated films, anime, movies or television shows/series.
- c) Songs from film musicals - singers must use film version arrangement (eg. 'Santa Fe', *Newsies*; 'Breaking Free', *High School Musical*; 'Somewhere Over the Rainbow', *The Wizard of Oz*).
- d) Songs from musicals that have only been workshopped (not fully staged)
- e) Stand-alone songs in musical theatre style (eg. 'Girl in 14G'; 'Taylor the Latte Boy'; 'Darryl is a Boy').
- f) Songs written for, but have been cut, from staged musicals (eg. 'More to the Story', *Shrek*, *The Musical*).
- g) Songs from song cycles (eg. *Edges*, *Tapes*, *Songs for a New World*).
- h) Duets that can be performed as a solo (eg. 'I see the Light', *Tangled*, 'A Whole New World', *Aladdin*).

### Selections NOT Permitted - please refer to the SSAM Song List: <https://omfa.ca/ssam-chart>

- a) Songs listed in the RCM or CC classical syllabi (Levels 1-6, Lists A and B, Levels 7-10, Lists A, B and C).
- b) Songs that were originally written for live fully staged musical and that were later made into movies (eg. *The Sound of Music*; *West Side Story*; *My Fair Lady*; *Hamilton*; *In the Heights*; *Dear Evan Hansen*; *Wicked*).
- c) Operetta/light opera selections (eg. Gilbert & Sullivan, Romberg, Lehar, Johann Strauss).
- d) Selections that are primarily spoken patter (eg. 'Ya Got Trouble', *The Music Man*,'Aaron

Burr', 'Sir', *Hamilton*).

e) Songs that were originally released as a commercial pop song and are later used in a jukebox musical must be entered in Popular Voice 9eg. *Moulin Rouge*, *Mamma Mia*, *Beautiful*, & *Juliet*). See the SSAM Song List: <https://omfa.ca/ssam-chart>

f) Selections from Junior show versions or musicals that have been cut or simplified.

### Pro credit (Musicnotes):

Competitors must provide a proper receipt (not the cover page). A receipt must show the name of the song, the form of payment used and the amount paid.

### Not allowed:

- cover page (not a receipt)
- subscription to a sharing website eg. Scribd, Everand, Musescore)
- Teacher's names on scores, books or digital music must be covered to avoid disqualification.

Entry forms must be complete to be accepted. Please use proper punctuation and do not use all caps. Full and accurate information must be included in all fields, including: Complete titles of pieces to be performed with the composer's name. It is important to note that if the Festival office has to contact you because of incomplete information (i.e. missing musical names, pieces that don't fit the rules of the category, etc.) a \$25 charge will be issued. Failure to pay the charge will result in disqualification and refunds will not be given.

[Songs from the Screen and More Chart](#)

## Songs from the Screen and More - Solo

### PERFORMANCE REQUIREMENTS

**Elementary - Senior Level competitors must perform two (2) contrasting selections.**

The maximum performance times are listed below:

Elementary Level (Ages 11-12): **Ten (10) minutes**

Junior Level (Ages 13-14): **Ten (10) minutes**

Intermediate Level (Ages 15-16): **Fifteen (15) minutes**

Senior Level (Ages 17-18): **Fifteen (15) minutes**

# Provincial Finals 2025

## Songs from the Screen and More - Solo Syllabus

Advanced Level (Ages 19-28) competitors must perform **three (3)** contrasting selections.  
The maximum performance time is **Twenty (20) minutes**  
There is no minimum performance time.

Accurate performance times must be included on the entry form. Do not guess timings.

**If you do not provide all information required** (i.e. the name and composer of your selections and payment) by your Festival's Provincial deadline, it will result in disqualification. "To Be Decided" in any field will not be accepted and will result in disqualification.

In the field labelled "Movement/Musical", you **MUST** supply the name of the film, movie, tv show, etc. Failure to put this information in will result in a \$25 change/correction fee being charged to the competitor. (i.e. Song Title: Under the Sea; Movement/Musical: The Little Mermaid)

If the piece is a "stand-alone" (i.e. Alto's Lament, Girl in 14G), please put n/a in Movement/Musical field.

### Reasons for Disqualification

- Not providing all information required and/or not providing payment by your Festival's Provincial deadline
- "To Be Decided/TBD" in any field will not be accepted
- Teacher's name on music
- Offensive language (i.e. swear words)

Class	Live
21001 - Songs from the Screen and More - Elementary Level - Ages 11-12	\$150.00
21002 - Songs from the Screen and More - Junior Level - Ages 13-14	\$150.00
21003 - Songs from the Screen and More - Intermediate Level - Ages 15-16	\$150.00
21004 - Songs from the Screen and More - Senior Level - Ages 17-18	\$150.00
21005 - Songs from the Screen and More - Advanced Level	\$175.00

### Songs from the Screen and More - Adults - Solo

#### DEFINITION

Adult Classes are open to any amateur competitor 29 years of age and over.

#### PERFORMANCE REQUIREMENTS

Please note there is **only one level of competition** for Adults.

Competitors must perform **two (2) contrasting selections**.

The absolute maximum performance time for the Adult class is **fifteen (15) minutes**.

There is no minimum performance time.

Accurate performance times must be included on the entry form. Do not guess timings.

**If you do not provide all information required** (your YouTube video link, the PDF of your music and payment) **by your Festival's Provincial deadline, it will result in disqualification.** "To Be Decided" in any field will not be accepted and will result in disqualification.

In the field labelled "Movement/Musical", you **MUST** supply the name of the film, movie, tv show, etc. Failure to put this information in will result in a \$25 change/correction fee being charged to the competitor. (i.e. Song Title: Under the Sea; Movement/Musical: The Little Mermaid)

If the piece is a "stand-alone" (i.e. Alto's Lament, Girl in 14G), please put n/a in Movement/Musical field.

#### Reasons for Disqualification

- Not providing all information required and/or not providing payment by your Festival's Provincial deadline
- "To Be Decided/TBD" in any field will not be accepted
- Teacher's name on music
- Offensive language (i.e. swear words)



# Provincial Finals 2025

## Songs from the Screen and More - Solo Syllabus

Class	Live
21006 - Songs from the Screen and More - Adults - Ages 29 and Above	\$150.00